

# What is PARISH YOUTH DAY?

Parish Youth Day is an event initiated by the parish to gather the young people of Our Lady of Lourdes as well as the neighbouring parishes.

It will be a day of fulfilled activities, games, fellowship and sessions to deepen one's faith - and FOOD!



Ruah, (pronounced in Hebrew Ruach), is the Hebrew word translated as God's Spirit. However, the word is also translated as wind, breath, and spirit in the Scriptures, reminding each of us of the physicalness of God's presence in the world.

## MEET THE TEAM



We are CFC-YOUTH.

We are a community of young people filled with vibrancy and conviction, eager to answer the call to do one thing – be witnesses of God's love in the world.

CFC-Youth is the youth arm of Couples For Christ (CFC)—a pontifical Catholic Christian global movement intended for the renewal and strengthening of Christian family life. For 25 years, CFC-Youth has molded generations of passionate, convicted, and Christ-centred young people, reaching out to them in every community, campus, and school. CFC-Youth develops strategies in evangelization and establishes programs relevant to the changing times, deepening the youth's relationship with Christ and His Church.



## PARISH YOUTH MINISTRY

Our Lady of Lourdes Parish is a growing parish. People are coming to attend Masses and different activities. Thanks to our very dedicated pastor and members of the difference ministries. However, Fr. Rex one concerns is how to involve the young people in the parish and to introduce them to the vibrancy and importance of parish community life and that they are vital and integral in the life of the Church.

We created the youth group to get to know the youth of the parish and to also have the place for them to know that they are not alone on their faith journey.

And that's it! The reason behind having our parish youth day is for the youth to be aware of their calling "to know, to love, and serve God" (Catechism of the Catholic Church 1) and with the help and guidance of the Holy Spirit to inspire each young person to take on the mission of sharing the Good News!



Come and join us on  
**SATURDAY, APRIL 29, 2023**



**REGISTER HERE**



2507684114  
ololparishyouthministry@gmail.com



OUR LADY OF LOURDES PARISH CENTER  
2547 Hebert Road, West Kelowna